

# CELINA

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*Spotlight*

AUTHOR  
VISIONARY  
BOOK LAUNCH  
EMPOWERMENT  
SOUL AWAKENING  
SOULS UNITED IN ART  
INTERNATIONAL ARTIST  
WORLD ARTISTS UNITE  
MOVEMENT OF TRUTH  
BERLIN ART EXHIBITION  
LONDON ART EXHIBITION  
NEW YORK ART EXHIBITION  
GLOBAL EXHIBITIONS & TALKS



**DR. JANA**

**NIRVANA**



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L I F E S T Y L E M I R R O R

# DR. JANA NIRVANA



## **I**nternational Artist, Author & Visionary

Born in Upper Silesia in the Czech Republic and raised in Germany, I have always lived between cultures, languages, and dimensions of perception. My artistic journey began early, with my first exhibitions in art galleries along the Côte d'Azur in France as early as the year 2000. Back then, I never imagined that art would one day become my vocation. Life, however, had its own plans for me.

After pursuing a different path in academia including research and teaching projects across Europe I earned my Ph.D. in History at Leibniz University Hannover in early 2020. Just as the world stood still during the first lockdown, something within me came alive. I began painting again, this time simply for survival for peace of mind.

Painting on the streets with fellow creatives, I realized that art wasn't just a passion it was a lifeline, a healing portal. That moment changed everything. Since then, my art has evolved into a deeply personal form of energy work and self-healing.

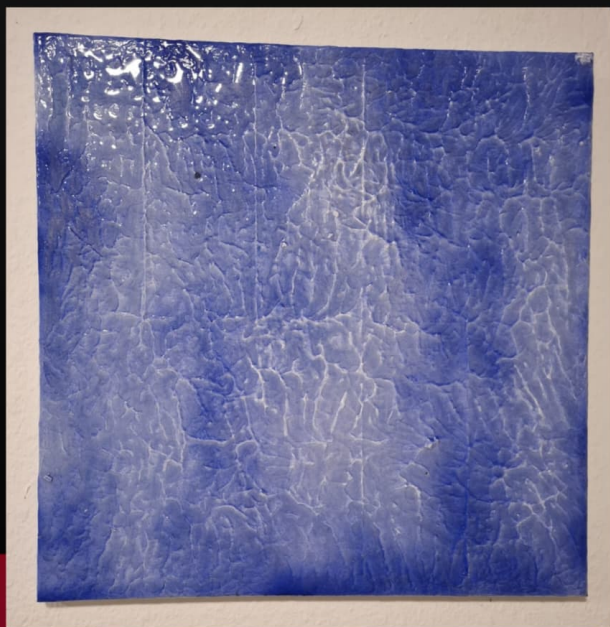
# CANDID INTERVIEW WITH DR. JANA NIRVANA

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**What sparked your journey into art, and how has it evolved over time?**

*Dr. Jana Nirvana*

Art was never a choice for me it was a calling to turn inward that I have received very intensely during the "lockdowns". Basically since then I could not stop painting. I feel a deep need to translate what I experience on an inner, energetic level into something visible. Over time, my work evolved far beyond traditional painting. It became a language of its own what I now call Spiritual or Energy Abstractionism. Today, every canvas I create is a field of energy, a space where transformation can happen not just for me, but for the viewer who stands before it.



*"Structures of Us", Mixed Media on Canvas, 50x50cm.*

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**How do you describe the connection between your art and the concept of Quantum Healing?**

*Dr. Jana Nirvana*

Quantum Healing through art is rooted in the understanding that everything is energy including color, form, and intention. When I paint, I work in a meditative, deeply conscious state. The paintings carry a frequency. People often tell me they feel something shift when they look at my work a sense of calm, clarity, or emotional release. That is not coincidence. That is energy doing what energy does. Art becomes a bridge between the visible and the invisible, between the mind and the soul.

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**What message do you hope people take away from your work and the Souls United in Art book project?**

*Dr. Jana Nirvana*

The core message is simple but profound: we are all connected - we are oneness, one field of consciousness. Souls United in Art brings together artists from across the world different cultures, different backgrounds, different visual languages and yet the book radiates one unified pulse. I want people to feel that. To understand that creativity is a universal soul language, a tool for self healing and that when we create from an authentic place, we contribute something meaningful to the collective consciousness of humanity.

## DR. JANA NIRVANA

I began combining painting with meditative practices, tapping into a method that allowed me to access a deep inner stillness, no matter how chaotic the world around me became. What started as a private process soon became a shared experience others joined me in painting sessions and discovered their own portals to release, clarity, and healing.



Without planning it, Quantum Healing became the essence of my art. My works began to attract international attention, and I was invited to exhibit in cities all over the world like in Berlin, London, New York, Las Vegas, Dubai, Zurich and others. I have shared my vision in interviews, including on German television, and co-authored a book with global thought leader Marie Diamond from The Secret, reflecting on the transformative power of creativity and consciousness. In 2025, I initiated Souls United in Art A Collection of 22 Artistic Journeys a global book project dedicated to celebrating the voices, visions, and healing journeys of artists from all around the world

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As the editor, curator and visionary behind the book, I bring together creators, whose art is rooted in soul, resistance, and transformation. The book is both a collective artwork with more than 100 artwork images and a movement: a space for truth-telling, spiritual remembrance, and radical empowerment. It was published worldwide on Amazon and launched in January 2026 with an immersive group exhibition and talks of the participating authors in London. The book has already inspired international interest and media coverage, and is set to become a milestone in contemporary art and soul awakening by building a globally inspiring and self-sustaining artist community. Furthermore, part of the artists' stories in the book is planned to be featured in a documentary movie.

<https://www.amazon.de/-/en/SOULS-UNITED-ART-Collection-Artistic/dp/B0GCVS4LFC>

On the book's YouTube Channel you can view videos of the participating artists: <https://www.youtube.com/@JanaNirvana>

My visual language consists of spiritual abstractions vibrational paintings charged with energy, intention, and a connection to the Quantum Field. Each piece is an invitation to reconnect with the highest self, to remember our true power, and to transcend the illusion of separation. My art does not distract from pain it transforms it. Art, for me, is a sacred act. I believe that creativity is a portal into healing and awakening, and I feel deeply called to share this path with others through my paintings, my sessions, and now also through the voices of many artists in Souls United in Art. [www.jananirvana.com](http://www.jananirvana.com)

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## DR. JANA NIRVANA



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## How do you balance your artistic pursuits with your academic background in History?

*Dr. Jana Nirvana*

I don't see them as opposites any longer I see them rather as two different lenses on the same. History taught me to think in patterns, methodically, in the deeper why behind human experience. That perspective influences everything I do as an artist. When I look at a blank canvas, I am also looking at human longing, struggle, and beauty. My doctorate gave me the discipline and the depth. My art gives that depth a living, breathing form.

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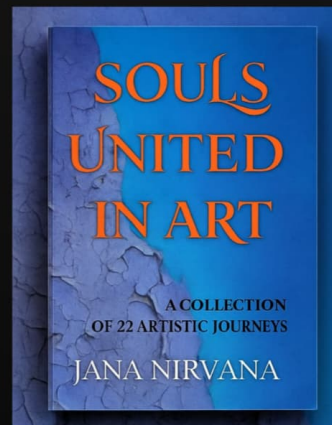
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## What's next for you, and how can people get involved in your artistic community?

*Dr. Jana Nirvana*

So much is unfolding right now! I am currently developing *Souls United in Art* as a feature documentary a cinematic journey into the lives and visions of the artists behind the book. It is a project very close to my heart. Beyond that, I continue to create fashion and artworks, I exhibit, and connect with souls around the world who resonate with this work. Anyone who feels drawn to this community is warmly welcome to visit me at [www.jananirvana.com](http://www.jananirvana.com), follow my journey on social media, and reach out. There is a webpage coming soon for the *Souls United in Art* community. Because art is not meant to live behind closed doors it is meant to help us create the world we truly want to live in.





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